



Save the Date!

February 6 and 7, 2010

Marsha Dunn Klein, MEd, OTR/L

The Get Permission Approach to Sensory Mealttime Challenges

*Sponsored by Mealttime Connections LLC in Tucson, Arizona
Workshop location: 1131 E. 2nd Street, Tucson, Arizona*

Course Description:

This two day workshop is sponsored by Mealttime Connections, LLC and will be located at the **Department of Speech, Language, and hearing Science at the University of Arizona**. This approach to mealtimes and feeding treatment is based on a foundation of trust in a feeding relationship. "Get Permission" supports children who have sensory mealttime challenges to move forward towards mealttime goals with trust, enjoyment and confidence. It follows the child's lead with creative and sensitive mealttime treatment strategies.

Objectives

- Define the Get Permission Trust Approach.
- List four principles of a successful mealttime.
- Define trust in infant and parent feeding roles, from infancy through three years of age.
- List anatomical and physiological, and gastrointestinal factors which have influence on mealttime permission.
- Define health, appetite, neurological and growth influences on mealtimes.
- Define eating as a learned behavior.
- Define the importance of non-judgmental, therapeutic vocabulary in parent support.

Additional Objectives

- Describe the importance of hunger/appetite in internal motivation to eat.
- Define oral cautiousness vs oral aversion.
- Describe the "Get Permission Approach" as it relates to sensory challenges for children and families.
- List the sensory channels in the sensory continuum and at least four treatment strategies for each.
- Describe the "Get Permission Approach" as it relates to support for tube fed children and their families.
- List the transitions plateaus of tube feeding transitions.
- Define exploratory and calorie reduction appetite challenges and give three examples.
- Describe the "Get Permission Approach" as it relates to support for children who are visually impaired and their families.
- Describe the "Get Permission Approach" as it relates to support for children who are on the autism spectrum and their families.
- Create and practice setting goals and specific "Get Permission" treatment activities.

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February 6 , 2010

[Check-in 8 am, workshop 9 am—5 pm]

February 7, 2010

[Check-in 8 am, workshop 8:30—4:30 pm]

One hour lunch on your own each day

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The Get Permission Approach to Sensory Mealttime Challenges

Join us Today! Please share this flier with your colligates in occupational therapy, speech therapy, early intervention, dietetics, nursing and psychology.

Parents and caretakers of children with sensory mealttime challenges are welcome.

Continuing Education Workshop offers 13 contact hours for all participants. [1.3 ASHA CEUs] Inter-mediate level, Professional area.]Each registrant should contact their respective organization for awarding of CEU credits.



The Arizona Speech-Language-Hearing Association is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in

speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Cost: \$395 for professionals for registration received at least 30 days before the workshop. This includes course materials and breaks. Registration received less than 30 days before the workshop will be \$425. If you must cancel your registration, please notify us at least 7 days before and we will issue you a refund minus a \$35 administrative fee. No-shows or cancellations received less than 7 days prior to the course are ineligible for refund. Parents are welcome at a discounted registration of \$200

Mail-in Registration: Get Permission Workshop, February 6 and 7, 2010, Tucson, AZ

Name _____

Address _____

State _____ Zip _____

Email _____

Phone(s) _____

Profession _____

Agency _____

May we contact you with announcements of future workshops? ___yes ___ no

Please enclose check/money order for \$395 [\$425 if after January 8, 2010, \$200 for parents] payable to

Mealttime Connections, LLC. We accept purchase orders.
Mail to Mealttime Connections, LLC, PO Box 35552, Tucson, AZ 85740

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